

	Monday 2 SEP	Tuesday 3 SEP	Wednesday 4 SEP	Thursday 5 SEP	Friday 6 SEP	Saturday 7 SEP	
08:00		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
08:45		Transfer to Hall	Transfer to Hall	Transfer to Hall	Transfer to Hall	Transfer to Hall	
09:00		Technical Training 1 Trampoline / Forward	Technical Training 3 Pegasus / Backwards	Technical Training 5 Forward / Trampoline	Technical Training 7 Backwards /	OpenGym Backwards	
10:00		Refreshments	Refreshments	Refreshments	Refreshments	Refreshments	
11:00		Technical Training 2 Forward / Trampoline	Technical Training 4 Backwards / Pegasus	Technical Training 6 Trampoline / Forward	Technical Training 8 Pegasus / Backwards	OpenGym Trampoline	
11:15		Transfer to Hotel	Transfer to Hotel	Transfer to Hotel	Transfer to Hotel	Transfer to Hotel	
12:00		Lunch Time				Final Lunch & Pool Party	
12:45		Lunch Time					
13:00		Lunch Time					
14:00	Welcome To Camp	Transfer to Hall	Transfer to Hall	Transfer to Hall	Transfer to Hall		
14:45							
15:00	Open Gym	15.15-17.45 Focus Training level 1 + 2 Trampoline / Forward	15.15-17.45 Focus Training level 3 + 4 Pegasus / Backwards	15.15-17.00 Focus Training Forward A / Trampoline C	15.15-17.00 Focus Training Backwards C / Pegasus B (Tschuk.)		
15:15				16.45-18.30 Focus Training Forward B / Trampoline A	16.45-18.30 Focus Training Backwards B / Pegasus A		
		17h45 Training groups	17.15-19.45 Focus Training level 3 + 4 Trampoline / Forward	17.15-19.45 Focus Training level 1 + 2 Pegasus / Backwards	18.15-20.00 Focus Training Forward C / Trampoline B	18.15-20.00 Focus Training Forward A / Pegasus C (Vault handspring)	
20:30	Transfer to Hotel	Transfer to Hotel	Transfer to Hotel	Transfer to Hotel	Transfer to Hotel		
21:00	Dinner Time	Dinner Time	Dinner Time	Dinner Time	Dinner Time		
22:00	Social Activities	Social Activities	Social Activities	Social Activities	Social Activities		
23:00	Bed Time						